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Living Well with Autoimmune Disease: What Your Doctor Doesn't Tell You That You Need to Know | Mary J Shomon | ISBN: 9780060938192 | Kostenloser Versand

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Living Well with Autoimmune Disease What Your Doctor

Since I was recently diagnosed with Hashimoto's, I was looking for specific information on the disease. This book covers various autoimmune diseases and provides general advice on well being, diet, nutrition, supplements, etc. If you have already read "Living Well with Hypothyroidism" - then this book is not necessary for Hashimoto's patients.

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Living Well with Autoimmune Disease What Your Doctor

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Living Well with Autoimmune Disease What Your Doctor

With this newest addition to her wellness series, Mary's done a fantastic job of explaining a complex subject. In Living Well with Autoimmune Diseases

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Living Well with Autoimmune Disease What Your Doctor

Living Well with Autoimmune Disease is the first book that goes beyond the conventional treatments by showing you how to work on your underlying autoimmune dysfunction with natural and alternative therapies.

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Living Well With An Autoimmune Disease Kari Owens

After living with an autoimmune disease for over a decade I have experienced both living well, and not so well during that time. I've had periods of flares, years of remission and years of soul-growth and healing. Each of your personal experiences in living well with a chronic illness will have parallels to mine and yet also be different.

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Living Well with Autoimmune Disease Mary J Shomon

Living Well with Autoimmune Disease is the first book that goes beyond the conventional treatments by showing you how to work on your underlying autoimmune dysfunction with natural and alternative therapies.

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